# SWEDES' VIEWS ON THE ALTERNATIVES TO CIGARETTES

Usage of alternative nicotine products among former cigarette smokers





### **SUMMARY**



- Health is the primary motivator for ex-smokers to switch to alternative nicotine products

  Although social and financial considerations also play a role, health remains the most common reason why ex-smokers switch to alternative nicotine products. Women tend to prioritize social concerns more than men.
- Access to a diverse range of alternative nicotine products is crucial for quitting smoking
  While snus remains the most popular option in Sweden, more people are turning to innovative alternatives such as nicotine pouches and vaping for smoking cessation.
- Consumers prioritize flavors and nicotine levels when switching to alternative nicotine products

  Most consumers need to find a product with the right taste and nicotine level. Women tend to place even more emphasis on these factors than men.
- Affordable pricing is important for driving smokers to switch to alternative nicotine products 61 percent of alternative nicotine products users believe that affordable or cheaper options than cigarettes are key to getting smokers to quit.
- Over half of consumers believe the government should support more the switch to alternative nicotine products

Despite perceiving current attitudes from the government and public health as either hostile or neutral toward alternative nicotine products, 52 percent of alternative nicotine product users think the government should support the switch from traditional cigarettes.





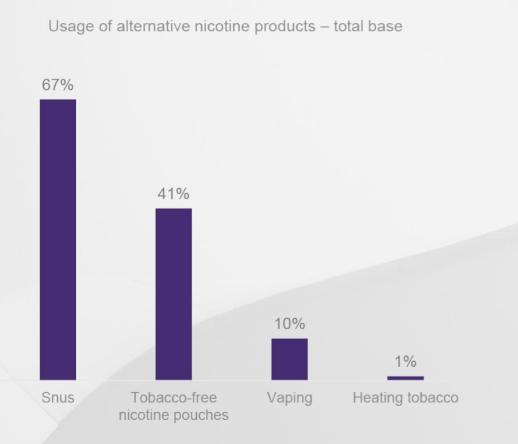
# RESULTS

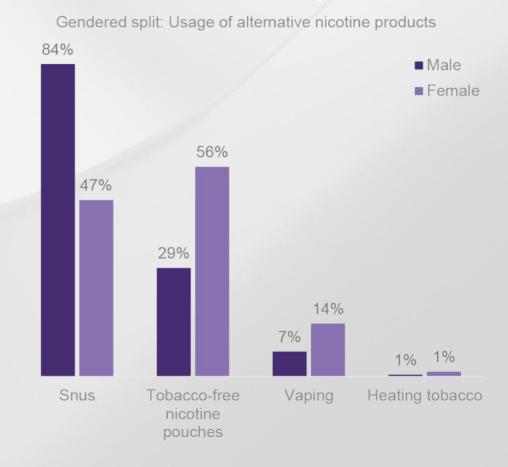
# IT IS CRUCIAL FOR WOMEN TO HAVE TOBACCO-FREE ALTERNATIVES WHEN SWITCHING FROM CIGARETTES





Snus is the most popular alternative and remains the most popular choice among men. For women, however, tobacco-free nicotine pouches are the most popular alternative.





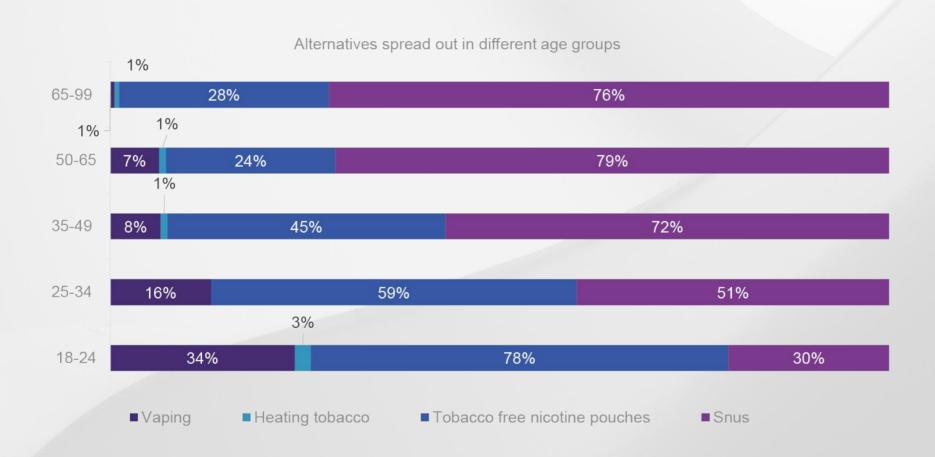
Q5: Which alternatives to cigarettes do you use? Base: Figure 1: 1000. Figure 2: Male: 550, Female 450

# ACCESS TO A VARIETY OF ALTERNATIVE NICOTINE PRODUCTS PLAYS AN IMPORTANT ROLE IN QUITTING SMOKING





Snus was important for many generations, but innovative alternative nicotine products are deemed necessary for consumers today.

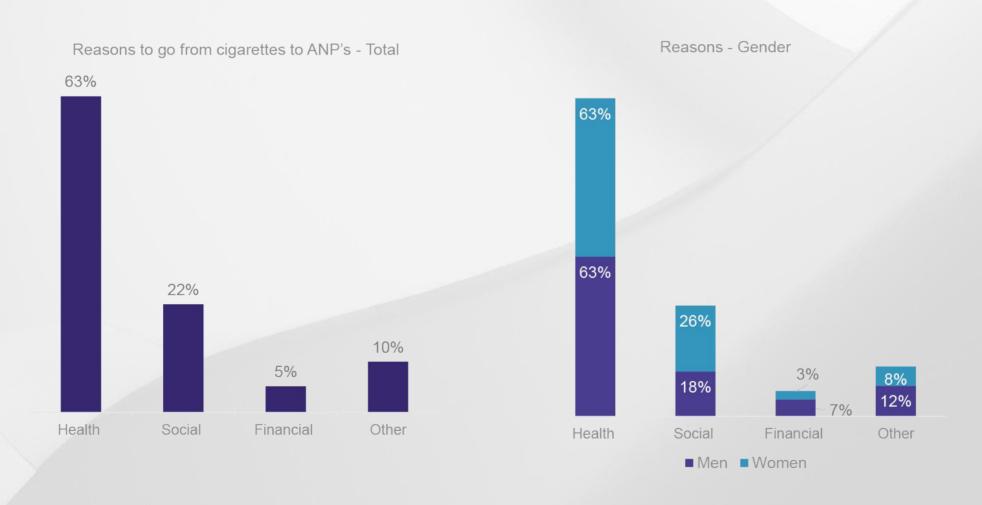


# HEALTH IS THE MAIN REASON FOR QUITTING SMOKING - BUT SOCIAL CONSIDERATIONS MATTER TOO





Women care more than men about social considerations.



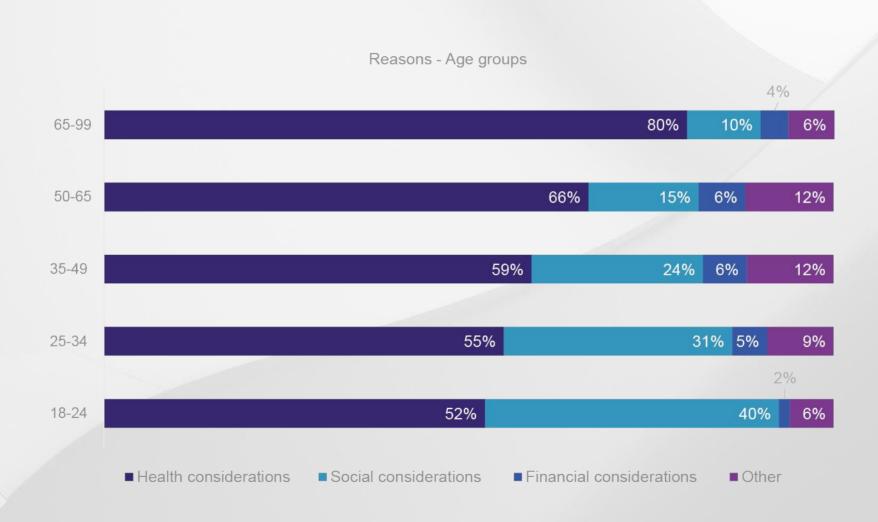
Q6: What was your main reason to choose this/these product(s) over cigarettes? Base: Figure 1: 1000, Figure 2: Male: 550, Female: 450

#### **HEALTH REASONS WEIGH SIGNIFICANTLY HEAVIER WITH AGE**





Four out of five 65 years of age or older consumers put health considerations on top.

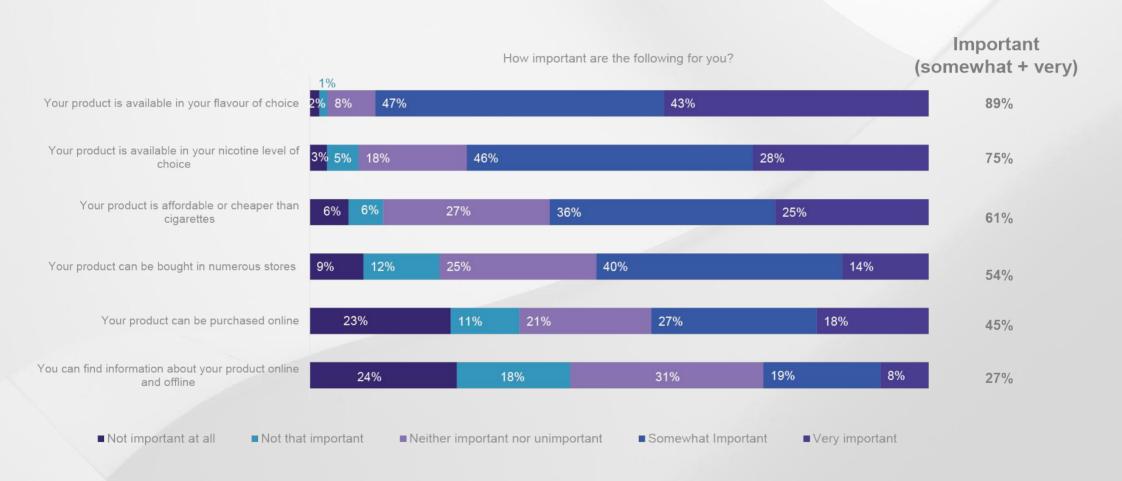


#### FLAVORS AND NICOTINE LEVELS ARE WHAT MATTER MOST





More than half consider affordable alternative nicotine products to be one of the main reasons to quit smoking.



## WOMEN TEND TO FIND IT MORE IMPORTANT TO CUSTOMIZE THEIR CHOICES





The option to choose taste and nicotine level on your product matters most – to women more than to men.



Q7r4: Your product is available in your flavor of choice & Q7r5: Your product is available in your nicotine level of choice - How important are the following for you, when thinking about the alternative product(s) to cigarettes you use today?

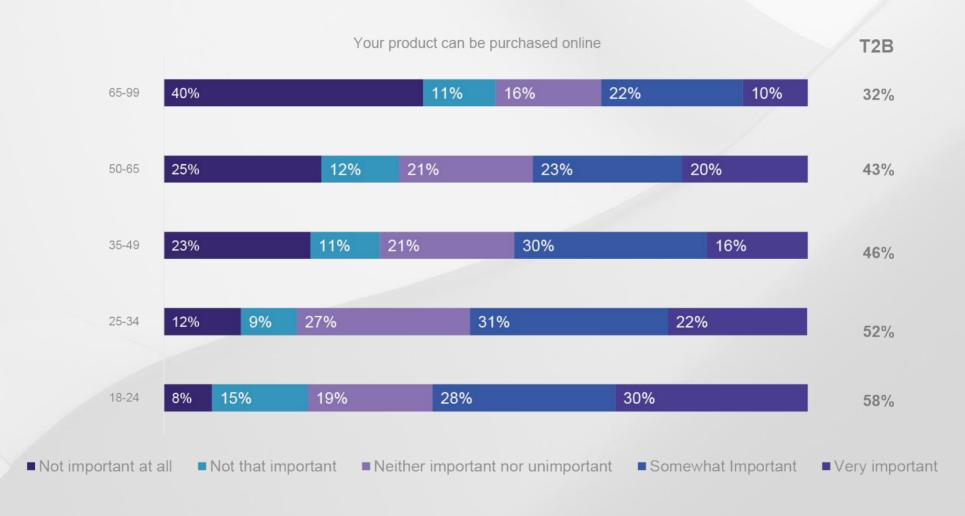
Base: Male 550. Female 450

# BEING ABLE TO BUY ALTERNATIVE NICOTINE PRODUCTS ONLINE IS IMPORTANT FOR THE MAJORITY OF CONSUMERS





Nonetheless, 40 percent of individuals aged 65 and above display apathy towards it.



Q7r2: Your product can be purchased online - How important are the following for you, when thinking about the alternative product(s) to cigarettes you use today?

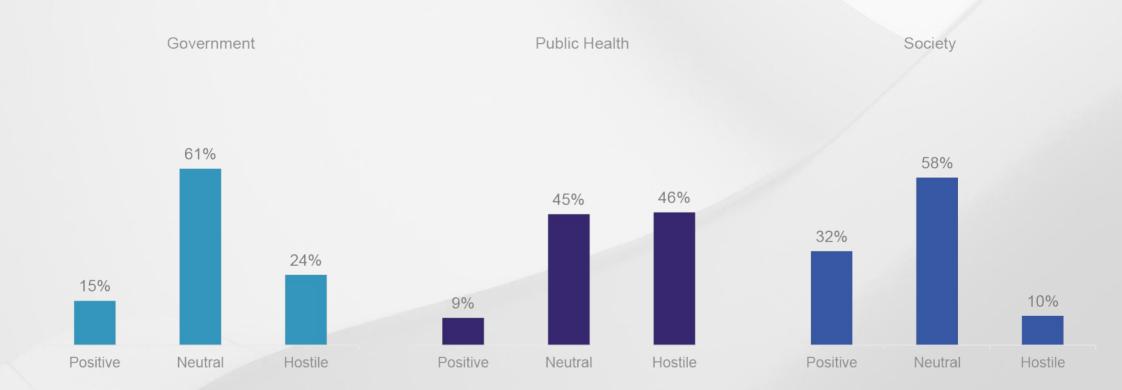
Base Ages: 65-99: 159, 50-65: 298, 35-49: 268, 25-34: 208, 18-24:67

### NEUTRALITY AND HOSTILITY DOMINATE THE SOCIOPOLITICAL AND POLICY ATTITUDES TOWARD ALTERNATIVE NICOTINE PRODUCTS





There is a big gap in perceived attitudes between public health institutions and society.

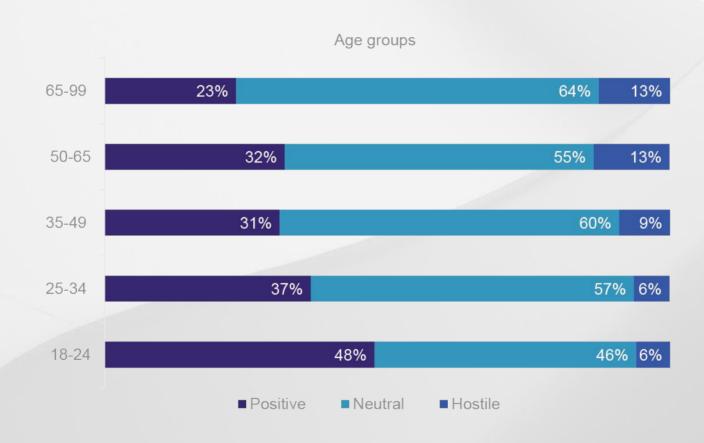


# NEUTRALITY IS THE MOST PERCEIVED GENERAL ATTITUDE TOWARDS ALTERNATIVE PRODUCTS ACROSS ALL AGE GROUPS





Older generations view alternative nicotine products as less socially acceptable, unlike other age demographics who believe they are more widely accepted.



Q8: How would you describe the general attitude in your country towards alternative products (vaping, heating tobacco, tobacco-free nicotine pouches, snus)?

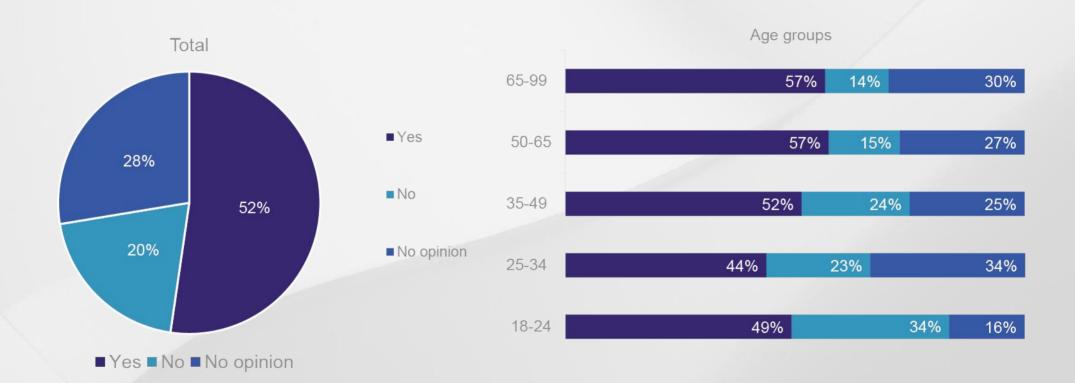
Base: 1000

### THE MAJORITY OF CONSUMERS WOULD LIKE THE GOVERNMENT TO SUPPORT SWITCHING TO ALTERNATIVE NICOTINE PRODUCTS





Consumers expressed their perception of hostility or neutrality from Public Health and government toward alternative nicotine products.



### **METHODOLOGY**







#### **SAMPLE DESCRIPTION**

Women and men 18+ years old. All respondents live in Sweden and are former cigarette smokers who have now turned to other alternative nicotine products.



#### **DATA COLLECTION METHOD**

Online interviews



#### **SAMPLE SIZE**

**Total = 1000** 

- Male = 550
- Female = 450



#### **AVG. INTERVIEW DURATION**

Approx. 4 minutes



#### **QUOTA**

Age groups

• 65-99

• 25-34

• 50-65

• 18-24

• 35-49



#### **FIELDWORK PERIOD**

2/28/2023 - 3/6/2023

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